

P. P. SAVANI UNIVERSITY

Third Semester of B.Sc. Examination
December-2021

SEPD3040: Integrity Personality Development Course-I

15.12.2021, Wednesday

Time: 09:00 a.m. to 11:30 a.m.

Maximum Marks: 60

Instructions:

1. The question paper comprises two sections.
2. Section I and II must be attempted in separate answer sheets.
3. Make suitable assumptions and draw neat figures wherever required.
- 4.

Section-I

Q -1 Answer the following question by selecting the most appropriate option given below it. [20]

- (1) Hellen Keller earns a Bachelors of Arts degree from _____ university.
(A) Stanford (B) Harvard
(C) Oxford (D) Cambridge
- (2) Complete the equation. Hard work + _____ = Success
(A) Prayer (B) Habit
(C) Dip Work (D) Strong work
- (3) To develop a good habit, you must _____ habit
(A) Identify (B) Decision to remain committed
(C) Change schedule (D) Both A and B
- (4) Complete the sentence. "Learn to Change, _____."
(A) Change to Learn (B) Change to Habit
(C) Change to work (D) Chang to View
- (5) "Most people do not listen with the intent to understand; they listen with the intent to reply." Who said the above line?
(A) Robin Sharma (B) Aristotle
(C) Stephen Covey (D) Mahatma Gandhi
- (6) "We have two ears and one mouth so we can listen as much as we speak." Who said above line?
(A) Stephen Covey (B) Sri Aurobindo
(C) Epictetus (D) Osho
- (7) "Get-Together" Which class had this IPDC Challenge?
(A) Power of Habit (B) Affectionate Relationship
(C) Learning from legends (D) Addiction Free
- (8) "Chase Your Dreams" By.....
(A) Tome lee (B) Jitendra Adhiya
(C) Sachin Tendulkar (D) Ratan Tata
- (9) Roseto's Root Country is.....?
(A) Italy (B) USA
(C) Japan (D) Germany
- (10) Who is Blackhole swallows a shining star.
(A) Devashish Ghosh (B) Devashish Shah
(C) Deep Ghosh (D) Rajiv malhotra
- (11) What should a person do while listening to someone?
(A) Think about what to do after the conversation (B) Make it look like they are listening
(C) Brainstorm on homework (D) Give full attention to the speaker
- (12) What is Key factors for active listening? Listening with our _____
(A) Ears (B) Eyes & Body
(C) Mind & Heart (D) All of above

- (13) As per the IPDC workbook, which of the following is NOT a leadership skill?
 (A) Go the extra mile (B) Become a Painter
 (C) Keep a balance (D) Become a Master Chef
- (14) Complete the following phrase: "Home is where the _____ is."
 (A) Mind (B) Heart
 (C) Life (D) Light
- (15) According to the IPDC workbook, family get-togethers should take place at least:
 (A) Once every week (B) Once every month
 (C) Once every year (D) Once every 2 years
- (16) Drug addiction can negatively impact which of the following.
 (A) Health (B) Wealth
 (C) Family (D) All the above
- (17) Which of these methods can help an addict overcome their addictions?
 (A) Firmly decide to give up (B) Reject assistance
 (C) Deny accountability (D) All the above
- (18) Every person has a deep and inborn desire to be listened to, and to be _____.
 (A) Hearing (B) Understood
 (C) Speaking (D) Shoeing
- 19) How many key factors to Active Listening?
 (A) 2 (B) 3
 (C) 4 (D) 5
- (20) What is our second priority in a conversation when talking to someone?
 (A) Response (B) Attention
 (C) Hearing (D) Complain

Section-II

Q-1 Write the short notes on the following topic in about 200 words. Each short note contains ten [40] marks. (Write any four)

- (i) 'The Roseto Effect'- Explain This Research.
- (ii) What is the Message of Devashish Ghosh Life story?
- (iii) How to be a good team player?
- (iv) "A powerful thought can change the world." Explain it.
- (v) 'My body is my Vehicle to Achieve my Dreams.'- Explain it.
- (vi) Why is it better to win as a team?
